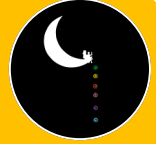


Banana Bread



Recipe by: moongardens.org

Ingredients

1 cups flour	1 tsp. vanilla extract
4 ripe bananas, mashed	1 cup walnuts, chopped
1 tsp. baking soda	
1 tsp. baking powder	
1/8 tsp. salt	
1/3 cup coconut oil	
3/4 cup brown sugar	
1/4 cup plus 1 Tbs. orange juice	

Directions

1. Preheat oven to 350
2. Mix dry ingredients together, a sifter is optional.
3. Mix in the remaining wet ingredients.
4. Pour the mixture in a greased 9"x5" Loaf pan or muffin tins.
5. Bake for approximately 40 minutes, or when a toothpick placed in the center comes out clean.

Get Creative

- Replace the vanilla with 1 teaspoon of cinnamon.
- Use a different type of nut.
- Perhaps some chocolate chips?

For any comments or suggested ingredients for upcoming recipes, please email us at info@moongardens.org.